

# **SPIRIT**

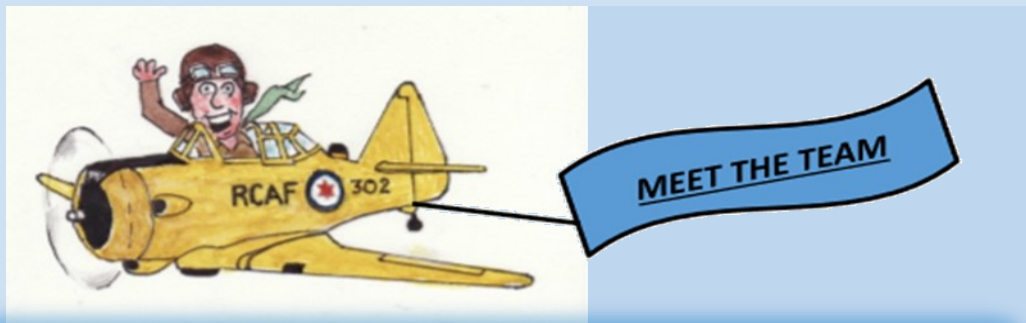
***783 (Calgary) Wing Newsletter***

***ROYAL CANADIAN  
AIR FORCE  
ASSOCIATION***



***Wing Meets every  
4<sup>th</sup> Monday at 7pm  
285 Legion Horton Road  
(on hold due to COVID)***





Chairperson	Rob Caswell
Honorary Chairperson	Col (Retd) Don Matthews
Immediate Past Chairperson	Randy Fisher
First Vice Chairperson	Michelle Gerwing
Second Vice Chairperson	Scott Deederly
Treasurer	Kenn Nixon
Secretary	Cecilia Brugma
Past Chairs Advisory Council	Pat Sulek
Casino Chairperson	Darlene Laroche
Friends of Col Belcher	Pat Sulek
Membership	Anna Lewis
Newsletter	Bev Spielman/Michelle Gerwing
Health and Wellness	Michele Henderson
Sergeant at Arms	Art Hill
Entertainment Chair	Muriel Mymko
Public Relations	Bob Wade
Military Museum Liaison	Bob Wade
Cadet Liaison	Kevin Knight
Advocacy	Scott Deederly
Historian	Grant Whitson
Webmaster/Social Media	Kent Anderson





## *Message from the Chairperson*

We are in that wonderful time of year where the air is crisp, the sun is warm, and amazingly, many of the trees are still showing off their colourful leaves. It is also the time of year where we have a fair amount of activity as a Wing, even with adapting to our current conditions.

Since our last meeting, our Remembrance Day Committee has completed the filming for our virtual service, which will be broadcast on 11 November (you will be able to see it from our website). We once again had an excellent venue courtesy of The Military Museums, and the support of many Wing members to arrange attendance of the Keller's as our Memorial Family, arranging other dignitaries, pre-recorded music by local Air Cadets, the logistics of moving all of the wreaths and equipment, and refreshments for those gathered once the filming was complete. My heartfelt gratitude goes out to all involved in producing what will be yet another legacy element for 783 Wing as we continue to navigate the pandemic.

A couple of industrious Wing members—namely Pat Sulek and Bev Spielman—also used the opportunity of the day to make the presentation of a number the previously announced Alberta Group and 783 Wing awards with a number of recipients present. Our videographers (PSICorp) pulled out cameras and captured these moments, which you can find on the website.

While our regular meetings are still in the virtual world, I am looking forward to the upcoming Christmas party on 19 November at Hotel Blackfoot, providing we can continue to gather safely, so we can enjoy some holiday cheer and camaraderie.

Another element we will be looking at through the remainder of this calendar year is the new shape of the municipal political arenas as we consider our activities around our Wing mission of advocacy and heritage. In this vein, I am pleased to note we have received recent contact by other organizations that support aviation, looking for our guidance, support, and upcoming requests for speakers that may come from our membership.

Per Ardua Ad Astra

Rob Caswell  
Chairman  
783 (Calgary) Wing  
Royal Canadian Air Force Association



## *Happy Birthday to you (Nov/Dec)*

Garry Mellor	2 Nov
Ruth Mascaro	8 Nov
Betty Wonnacott	9 Nov
Cheryl Griffiths	13 Nov
Kearra Peterson	13 Nov
Walter Wakula	15 Nov
Andrea Chant	16 Nov
Donald Ward	18 Nov
Dylaney Thompson	22 Nov
Don Matthews	24 Nov
Doug Eaglesham	26 Nov
Lorne Fleming	27 Nov
Cyndy Guidinger	27 Nov
Nadine Spielman	22 Nov
Mike Ricketts	28 Nov
Joan Embleton	30 Nov
Eugene Kushnir	2 Dec
Kenn Nixon	3 Dec
Adriano Fisico	4 Dec
David Leggo	5 Dec
Charlie-Mae Wilson	5 Dec
Mike Ter Kuile	6 Dec
Thom Gordon	9 Dec
Michele Henderson	13 Dec
Deith Spielman Jr	16 Dec
John Ter Kuile	19 Dec
Art Hill	23 Dec
Arline Chartier	31 Dec



# Awards 2021



Side Hill Gouger Award:  
Michelle Gerwing

Side Hill Gouger Award:  
Angele Mullens



The Bar to the  
Side Hill Gouger Award:  
Rob Caswell



The Bar to the  
Side Hill Gouger Award:  
Don Matthews

The Bar to the  
Side Hill Gouger Award:  
Scott Deederly



Member of the Year 2019:  
Adriano Fisico





Member of the Year 2020:  
Kenn Nixon

Meritorious Service Award:  
Don Matthews for outstanding  
and commendatory service



Meritorious Service Award: Pat  
Sulek for outstanding and  
commendatory service



The Peter Allen Memorial Award: Michelle Gerwing (masked to protect the innocent)



783 Wing President's Award : Rob Caswell

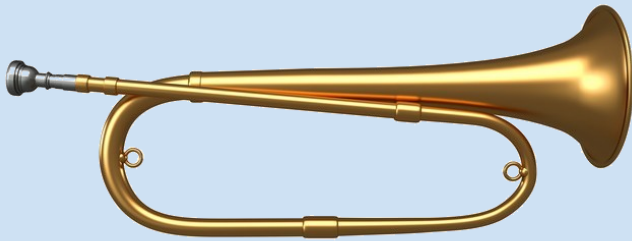


# *The History of the Last Post / Rouse / Lament*

(CANFORGEN 167/11 CMP 082/11 141244Z SEP 11)

Prior to mid 19th century, the foot soldier's life was regulated by drumbeats. Later that same century the bugle call was introduced and was used for both field maneuvers and during camp routine to initiate a conditioned response from the soldier. Certain "calls" were used to "order" changes in type, direction or speed of attack or withdrawal formations. However, the most utilized bugle calls were "Reveille", "Rouse" and "Last Post". The "Rouse" was used as a "quarter call" to wake the soldiers fifteen minutes before the more formal activity announced by "Reveille", which was a more complicated call by all the buglers.

In the early 20th century, the need for two "wake-up" calls was reduced. In 1909, the longer call (Reveille) was omitted and the shorter call (Rouse) was redesignated "Reveille". However, in 1927, the longer call was reinstated. British ceremonial manuals declared that the "Rouse" would be used for funeral services throughout the Empire. Today, the two titles are used



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interchangeably although the longer of the two calls is seldom heard.

"Last Post" is one of the regulation calls that would be heard in the evening to signal the completion of the setting of night sentinels or sentry posts. "First Post" signaled the mounting of the "guard" or sentry posts. "Last Post" would then be sounded to signal that the camp was secure and that all sentry posts were manned and ready.

For Remembrance Day ceremonies, the use of "Last Post" and "Reveille" (Rouse) is used to draw the symbolic association between the soldier's last duty of "sitting sentry" (death) and his "rising" above his mortal duties (reveille).

Downloaded from [Remembrance Day | 11. Last Post / Rouse / Lament - Canada.ca](https://www.remembranceday.ca/11-Last-Post-Rouse-Lament)  
6 Oct, 2021

# *History of the Poppy*

Millions of Canadians pin one to their lapel or hat each and every November 11th as a way of expressing their remembrance of the servicemen and women who gave their lives in two world wars and in Korea. Others remember the sacrifices made in the world's trouble spots such as Cyprus, Bosnia and most recently in Afghanistan. Whatever the reason, in Canada, the poppy has become to be known as the one universal symbol of remembrance.

The story of how the poppy has become the symbol of remembrance has varying origins but the overall basis for the wearing of the poppy is without question, Captain John McCrae's poem, "In Flanders Fields". Some claim that a young New Yorker by the name of Moira Michaels was the first to wear a poppy as a means of "keeping the faith" after reading a copy of "In Flanders Fields". During a meeting of the YMCA war-time secretaries in New York, which was hosted by Ms. Michaels, she had been given a small monetary gift by visiting delegates. She thanked them for this gift and said that she would use the money to purchase poppies, relating to them John McCrae's poem which had been her inspiration. Amongst them was the representative from France, Madame E. Guerin who was in turn inspired to take this idea home. In 1921, Madame Guerin and a group of French war widows approached the former British Commander-in-Chief, Earl Haig, at the Legion Headquarters in London, about the idea of selling artificial poppies to raise monies to help needy soldiers and their families. The Legion had first been formed to help veterans and their families who had been left impoverished during the war and Haig was quick to adopt their idea as an excellent method to both honour the dead and help the living.

Poppies indeed became significant as a remembrance of war as prior to the Great War, poppies were rare in the fields of Flanders. It is said that the chalk soil of Flanders became rich in lime due to the rubble produced by the massive bombardments of battle. The earth that was stirred up by so many artillery shells in turn released the poppy seeds that would not normally have had the chance to germinate. They spread prolifically across the fields until it appeared as a sea of red. Perhaps a fitting ironic symbolism of the blood spilt by so many for so little.





## *Your laugh for the day...*

Sarah and her thirteen-year-old sister had been fighting a lot this year. This happens when you combine a headstrong two-year-old, who is sure she is always right, with a young adolescent.

Sarah's parents, trying to take advantage of her newfound interest in Santa Claus, reminded the two-year-old that Santa was watching and doesn't like it when children fight. This had little impact.

"I'll just have to tell Santa about your misbehavior," the mother said as she picked up the phone and dialed. Sarah's eyes grew big as her mother asked "Mrs. Claus" (really Sarah's aunt; Santa's real line was busy) if she could put Santa on the line. Sarah's mouth dropped open as Mom described to Santa (Sarah's uncle) how the two-year-old was acting. But, when Mom said that Santa wanted to talk to her, she reluctantly took the phone.

Santa, in a deepened voice, explained to her how there would be no presents Christmas morning to children who fought with their sisters. He would be watching, and he expected things to be better from now on.

Sarah, now even more wide eyed, solemnly nodded to each of Santa's remarks and silently hung the phone up when he was done. After a long moment, Mom (holding in her chuckles at being so clever) asked, "What did Santa say to you, dear?"

In almost a whisper, Sarah sadly but matter-of-factly stated, "Santa said he won't be bringing toys to my sister this year."

As a little girl climbed onto Santa's lap, Santa asked the usual, "and what would you like for Christmas?" The child stared at him open mouthed and horrified for a minute, then gasped: "Didn't you get my email?"



## Saskatoon Sour Cream Tart

### Ingredients

#### Pastry

- 1 cup all-purpose flour
- 3 tbsp sugar
- Zest of 1 lemon
- 1 egg yolk (reserve egg white for another use)
- 1/3 cup soft butter
- Pinch salt

#### Filling

- 3 cups fresh or frozen saskatoon berries
- ½ cup granulated sugar
- ¼ cup all-purpose flour
- ¾ cup 14% sour cream (don't use low-fat)
- 1 egg yolk (reserve the egg white for another use)
- ¼ tsp almond extract
- Pinch salt
- ¼-1/3 cup sliced almonds, for top of filling

### Directions

#### Pastry

1. Preheat oven to 375°F. Spray or grease a 10" flan pan with removable bottom.
2. In a medium bowl, using your fingers mix the pastry ingredients together to form a dough. Pat into the bottom and 1 ½" up the sides of the flan pan making a neat flat edge with your finger. Freeze for 15 minutes. Bake for 15 minutes, checking half way through. If any bubbles are forming on the bottom, prick them with a fork and gently tap down the crust. Remove the pan to a cooling rack; reduce the heat to 350°F.

#### Filling

1. In a large bowl, whisk together the granulated sugar, flour, sour cream, egg yolk, almond extract, salt and salt. Using a spatula, fold in the berries. Transfer the filling to the pre-baked crust and spread over evenly. Scatter sliced almonds all over the top of the filling. Bake at 350°F for 45 minutes. Cool on a rack until room temperature and then chill for several hours. Remove the tart from the pan to a flat serving platter. Serve each piece topped with a dollop of whipped cream and a few saskatoon berries for garnish.





# reminder

*The Wing Christmas party is planned for Friday, 19 Nov, 2021 at the Hotel Blackfoot. We will require 50 guests to hold the event. The cost will be \$25 per person and will be paid at the door (cash or cheque to 783 Wing). Please RSVP to Kenn Nixon at 403-281-7311 or email [kbnixon@shaw.ca](mailto:kbnixon@shaw.ca).*



***From your Membership Director:***

*Please contact Anna Lewis, our Director of Membership, if you change any contact info at [bandalewis@shaw.ca](mailto:bandalewis@shaw.ca)*

***From your Health and Wellness Director***

*All Wing members already receive birthday cards. Do you know of anyone in our membership who would appreciate receiving a card of congratulations, or perhaps a card to raise their spirits? Greetings could be sent for many reasons, such as:*

- *a "milestone" birthday*
- *best wishes for someone in hospital or convalescing at home*
- *bereavement on the passing of a Wing member*
- *retirement*
- *graduation*
- *marriage*
- *a special wedding anniversary*
- *receiving recognition and/or winning an award*

*All members are encouraged to contact Michèle Henderson at [michlorr@shaw.ca](mailto:michlorr@shaw.ca) at any time during the year with the person's name, the event, and the date on which it is to be recognized.*