

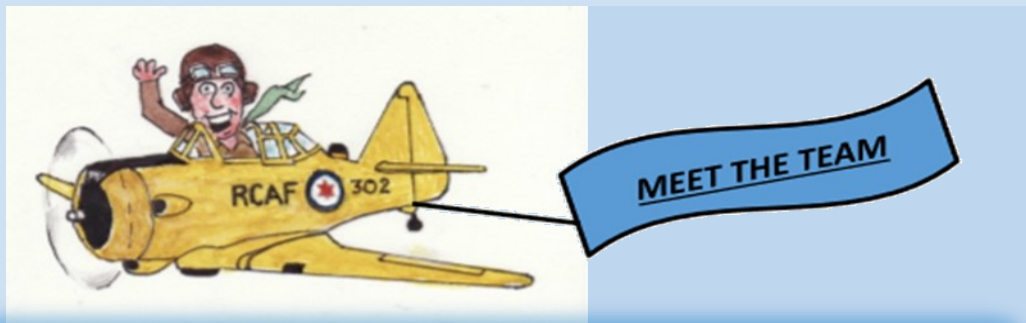
SPIRIT

783 (Calgary) Wing Newsletter

***ROYAL CANADIAN
AIR FORCE
ASSOCIATION***



***Wing Meets every
4th Monday at 7pm
285 Legion Horton Road
(on hold due to COVID)***



Chairperson	Rob Caswell
Honorary Chairperson	Col (Retd) Don Matthews
Immediate Past Chairperson	Randy Fisher
First Vice Chairperson	Michelle Gerwing
Second Vice Chairperson	Scott Deederly
Treasurer	Kenn Nixon
Secretary	Cecilia Brugma
Past Chairs Advisory Council	Pat Sulek
Casino Chairperson	Darlene Laroche
Friends of Col Belcher	Pat Sulek
Membership	Anna Lewis
Newsletter	Bev Spielman/Michelle Gerwing
Health and Wellness	Michele Henderson
Sergeant at Arms	Art Hill
Entertainment Chair	Muriel Mymko
Public Relations	Bob Wade
Military Museum Liaison	Bob Wade
Cadet Liaison	Kevin Knight
Advocacy	Scott Deederly
Historian	Grant Whitson
Webmaster/Social Media	Kent Anderson





Message from the Chairperson

Due to the constraints of COVID 19, this page is currently....



Per Ardua Ad Astra

Rob Caswell

Chairman

783 (Calgary) Wing



Happy Birthday to you (Jul/Aug)

Nathan Krebs	5 Sep
Charles Weeks	7 Sep
Bernard Hayden	8 Sep
Norma Cooke	10 Sep
Glenn Harrington	12 Sep
Bridget Given	13 Sep
Bob Wade	21 Sep
Betty Watson	27 Sep
Neil Holmen	2 Oct
Lois Maxwell	5 Oct
Jane MacDonnell	6 Oct
Elizabeth Bertram	21 Oct
Beverley Burke	22 Oct
Coleen Cook	24 Oct
Charlene MacLean	24 Oct
Kenneth Clark	25 Oct
Heather McKeague	25 Oct
Mark Levesque	27 Oct
Ian Morgan	27 Oct
Maurice Hanberg	28 Oct

50 years of tradition

News Article / August 6, 2021 downloaded from Royal Canadian Air Force website August 28, 2020 [News Article | 50 years of tradition \(forces.gc.ca\)](#)

Dan Dempsey, CD – Guest Contributor

Fifty years ago, on July 11, Canada's newest airshow team took to the air for their first major airshow at CFB Moose Jaw. Following in the footsteps of such eminent predecessors as the RCAF Siskins, RCN Grey Ghosts, RCAF Golden Hawks and Canadian Armed Forces Golden Centennaires, the newly named "Snowbirds" were destined to become Canadian icons with millions of fans across North America. The team adopted its name on June 25, 1971 following a "name the team" competition at the base elementary school. We now know that two young students both independently chose the name "Snowbirds" - Douglas Farmer and Cathy Tiller.



The "Saskatchewan Homecoming Air Show" that day was billed as the largest single day airshow in North America that year - and so it was. A total of 52 Canadian Forces aircraft participated in the show supported by 65 technicians with another 15 aircraft from the USAF on display. Also performing were some of the top civilian acts in North America who became good friends with the team - Art Scholl, Al Pietsch, Joe Hughes and his wing-walker Johnny Kazian to name a few. A torrential downpour the evening before the show reduced parking spots to the extent that while 45,000 folks made it onto the base that day, another estimated 40,000 did not, being stuck in a traffic jam that stretched 16 miles back through Moose Jaw and down the highway towards Regina when the show started at 1:00 PM.

Led by Major Glen Younghusband, the team's performance that day was the first major airshow performance of approximately 2,700 official airshows the team has now flown over the last 50 years across North America. Hundreds of more flypasts have also been flown, including those flown last year and this year under "Operation Inspiration." And proudly watching from the ground that day was the team's founder, CFB Moose Jaw Base Commander Colonel O.B. Philp, along with the Commander of Training Command, Major-General Bill Carr, who opened the show followed by a flypast of a combined eight-ship of CF-104s and CF-5s from Cold Lake.

So a toast today to OB Philp and his vision, the 11 volunteer instructors who flew on the team that first season and the group of BAMEO technicians who supported them during their workups in Moose Jaw. They paved the way for all of the teams who have followed.

Member Profile

Kenn B. Nixon, CD

Kenn was born in Calgary a long time ago. He lived all over Alberta during his childhood years settling in Edmonton for his high school year. He joined the army cadets and stayed with them until he joined the militia in 1963. Upon graduation from high school Major Nixon joined the Regular Army in 1965.

Kenn Nixon spent 11 years as a soldier serving in CFB Calgary, CFB Shilo, and CFB Gagetown with the Artillery. Kenn was posted to Germany with 1st Regiment Royal Canadian Artillery. In June 1970 he returned to Canada retraining to be an administrative clerk and posted to CFB Petawawa with the Field Engineers. He and the family moved to Regina in 1973 to work in the Canadian Forces Recruiting Centre before returning to education. In 1976, he was accepted into college militaire Royale de St Jean, PQ. Kenn graduated with a Bachelor of Administration in 1981, whereupon he was posted to 435 Squadron Edmonton as the Administration Officer. He served in several roles at Canadian Forces Base Edmonton, including six months as Senior Staff Officer Personnel at United Nations Disengagement Observation Force Damascus, Syria.

In 1986, Kenn was posted to Canadian Forces Base Penhold as the Base Administration Officer and began his contact with the Air Cadet movement. In 1988, he retired from the Regular Force and began his reserve force experiences including a four month tour in Europe during the Gulf War, several training positions and work with 418 City of Edmonton Squadron. In 1992, he earned a Diploma of Adult Education at the U of A, Kenn was promoted to the rank of major and was appointed the Flight Commander for the Air Reserve Augmentation Flight Edmonton in 1994.

In 1996, Kenn retired from the Canadian Forces and started a consulting business in the computer education field. Since 1996 Kenn has been an Instructor at Grant McEwen College for three years. After moving to Calgary in 2000 he worked as an instructor for Southern Alberta Institute of Technology for 14 years. Still not ready to give up the pay cheque and the work world he spent another four years at Bow Valley College. He is proud to have been the Commanding Officer of 604 "Moose" Squadron and 52 "City of Calgary" Squadron.

Since coming to Calgary, Kenn has been active with a variety of Wing and community activities. Kenn joined 783 Wing in the spring of 2000 and was asked to revive the Battle of Britain commemoration. He became the wing president in 2003 about the same time that Jack Bennett passed and left the Alberta Group Treasurer position open where he was asked to step up for the group. A consummate volunteer he worked with Pat on

all the Wing tours for 12 years and has been on the Remembrance Day committee since the beginning in 2009. Kenn has belonged to the Executive of the 286 Branch Legion, and until COVID worked with the White Hatters at the Airport. He is very proud to one of the founding members of the Air Force Museum Society of Alberta and remains on the board since 2002.

Kenn continues to be involved in the community as a coordinator for the Air Cadet effective speaking program for the province of Alberta. He is the Squadron advisor for 918 Griffon Squadron Air Cadets. While finding difficult to keep quiet he took on the role as president of the Oakfield Park Villas Condominium board of Alberta and remains on the board since 2002.

Kenn is grateful to Pat his partner of 21 years for her support and assistance in all this craziness. Between them they have four children, nine grand-children and 3 great grand-children.



An email scan reminder from Kent

A reminder that we routinely get phishing, scams, spam and other malicious emails in our inboxes.

Remember to look carefully at the sender's email address, not just the name that you see. Email addresses are frequently spoofed to look like someone (person or organization) that you know and routinely trust. An example could be "@Geekquad" for Geek Squad, or a more blatant one might be "@[forces.gc.cc](#)" for something that we really do want to trust.

Review the subject line. Frequently these are designed to create a sense of urgency.

Read the body of the message. If the sender is a recognized sender, does it follow their normal emailing format. Does it match the person you identified in the email address? Is there a full signature at the bottom?

Look at the direction of the message. Does it entice you to click on an external link or to open the attached file? Does it ask for credentials or personal information? Does it create a sense of urgency?

What type of attachments are included, pdf, doc, zip files. Are they consistent with the person sending the message? Is the attachment expected?

If unsure, check with the sender (if it's a known contact).

Please delete the email or move to your spam folder any messages you are unsure of, even slightly unsure. An ounce of prevention is worth its weight in gold (or bitcoins).

An example of one such email that I just received, made me what to send out this note is in the image below. Nobody is immune from these. The lovely yellow message made me double check things, but I may have replied if I was not paying attention.

You will see that the email address is NOT one that has been used before. Additionally, if someone did want to ask for assistance, they would have included the ask in the email. The best of us can get caught if we are not diligent and thoughtful.

Your laugh for the day...

My husband can't activate our Amazon Echo, because he keeps forgetting its name, Alexa. "Just think of the car Lexus and add an a at either end," I suggested. The next time he wanted to use our new toy, he looked a bit puzzled. Then he remembered what I'd said and confidently called out, "Acura!"

One of the shortest wills ever written: "Being of sound mind, I spent all the money."

On the phone with my 93-year-old brother in Wisconsin, and I told him I thought it was time he paid someone to shovel snow for him. He suddenly grew indignant. "Why should I pay someone to shovel?" he demanded. "I can get my son to do it. He's only 70!"

While taking a clinical history from an elderly patient, I asked, "How's your love life?" "I don't know," he said. "I'll ask my wife." He got up, walked into the hallway where his wife was sitting, and shouted, "Hey, the doctor wants to know if we still have sex." His wife shouted back, "No, the only thing we have is Medicare and Blue Cross."

Over dinner, I could sense something was bothering my mother, so I asked if anything was wrong. "Yes," she admitted. "What's all this I hear on the news about banning baking products?" I patted her hand reassuringly and said, "That's vaping products."

When my 85-year-old father was in the hospital, his doctor, trying to determine Dad's mental state, asked, "What gets you up in the morning?" My father shrugged. "Probably the same thing as everyone. I have to go to the bathroom."



"When you are dissatisfied and would like to go back to youth, think of Algebra."

- Will Rogers

Easy Chicken Noodle Casserole

Ingredients:

2 cups dry egg noodles
2 cups cooked chicken *diced*
1 can cream of chicken soup *or cream of mushroom soup*
1/2 cup milk
1 cup frozen peas *or frozen vegetables*

Topping:

1 tablespoon butter *melted*
2 tablespoons breadcrumbs
1/2 cup cheddar cheese *optional*

Instructions:

Preheat oven to 425 degree

Cool egg noodles al dente (firm) according to package directions. Drain well.

Combine egg noodles, chicken, soup, milk and vegetables in a 2 quart casserole dish. Top with cheese if using.

Combine topping ingredients in a small bowl and sprinkle over the casserole.

Bake 20 minutes or until bubbly. Broil 1 minute to brown topping if needed

Recipe notes:

Any pasta may be used

Always start with pre-cooked meat

Any vegetables will work. If substituting fresh vegetables, add them to the pasta water during the last few minutes until tender. This will save steps in cooking them

1 cup of sharp cheddar cheese may be added to the sauce if desired.





- ♦ *We will notify you of the venue for our meeting in Oct soonest*
- ♦ *We invite you to watch the Battle of Britain 81st Anniversary Join 783 (Calgary) Wing of the Royal Canadian Air Force Association (RCAFA) as we commemorated the Battle of Britain on Sunday September 19, 2021 at 2:00 pm Please visit 783wingrcafa.ca to watch the virtual ceremony*



- ♦ *If you are moving or have moved, please notify our Membership Director, Anna Lewis of your new contact information at bandalewis@shaw.ca*