

SPIRIT

The Newsletter

783 (CALGARY) WING

**ROYAL CANADIAN
AIR FORCE
ASSOCIATION**



Oct/Nov/Dec/2018



***Wing Meets every
4th Monday at 7pm
285 Legion Horton Road***



PRESIDENT	Keith Mann
HONOURARY PRESIDENT	Col. (Ret.d) Don Matthews
IMM. PAST PRESIDENT	Pat Sulek
FIRST VICE PRESIDENT	Randy Fisher
SECOND VICE PRESIDENT	Adriano Fisico
TREASURER	Kenn Nixon
SECRETARY	Rob Caswell
PAST PRESIDENT CHAIR	Bev Spielman
CASINO CHAIRMAN	Lorie Gordon
SPECIAL PROJECTS	Pat Sulek
MEMBERSHIP	Anna Lewis
NEWSLETTER	Bev Spielman/Sue Clarke
HEALTH AND WELLNESS	Edith McMinn
SERGEANT AT ARMS	Art Hill
SOCIAL COORDINATOR	Muriel Mymko/Lois Maxwell
PUBLICITY	Bob Wade/Adriano Fisico
285 LEGION LIAISON	Kenn Nixon
MILITARY MUSEUM LIAISON	Mike Ricketts
COMMUNICATION DIRECTOR	Sue Clarke
DIRECTORS AT LARGE	Brian Lewis and Joan Embleton





Greetings All.

On Wednesday 10th of October I had the privilege of presenting the new Air Cadet squadron, 918 Griffin, with our cheque of \$3,000. They are parading out of the Good Shepard school on 64 Ave., close to 14th street. They have some 90+ cadets on strength already. All the folks with the squadron were very thankful and appreciative of the support.

Our annual Remembrance Day Service is planned again this year at Mewata Armouries. Plans are well underway and at the time of this report we are waiting to hear from our Invited Guest of Honor. I would please encourage all members to take the time to attend this service and honor those who gave the supreme sacrifice for our freedom.

Not much in the way of different events this month as all effort was focused on the RCAFA BGM held this past weekend. A special thank you goes out to the Host Committee lead by Pat Sulek, and all the member volunteers for their tremendous work on hosting a very success event. Many favourable comments were expressed by those in attendance for a job very well done. I will leave it up to those in attendance for their personal take on events at the BGM. As discussed during the meeting, rule changes with the new CRA agreement may mean changes in the future but I will wait more information to circulate before any changes need to be addressed. Our own, Steve Macdonnell was appointed National President for another year.

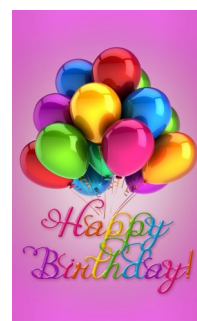
On behalf of Barb and myself I would like to wish everyone a Merry Christmas and a Happy New Year

Keith Mann
President





HAPPY BIRTHDAY



CURTIS, Mike	1-Oct
BURKE, BEVERLEY A	22-Oct
COOK, COLEEN	24-Oct
HANBERG, MAURICE J	28-Oct
KOWALCHUK OLGA	29-Oct
LEVESQUE, MARK	27-Oct
MACDONNELL, JANE Y	6-Oct
MAXWELL, LOIS	5-Oct
MORGAN, IAN	27-Oct
NELSON, GEORGINA	7-Oct
BERTRAM, Elizabeth	21-Oct
EAGLESHAM, DOUGLAS	26-Nov
FLEMING, LORNE	27-Nov
GUIDINGER, CYNTHIA	27-Nov
HILL, GORDON M	11-Nov
MACDONNELL, STEPHEN KENNETH	20-Nov
MASCARO, RUTH MARION	8-Nov
CHANT, ANDREA	16-Nov
MATTHEWS, DONALD	24-Nov
RICKETTS, M J	28-Nov
WAKULA, WALTER	15-Nov
WARD, DONALD E	18-Nov
WONNACOTT, BETTY	9-Nov
EMBLETON, JOAN	30-Nov

CARLIN, KENNETH	10-Dec
CHARTIER, ARLINE M	31-Dec
GORDON, THOM	9-Dec
HILL, ARTHUR C	23-Dec
KUSHNIR, EUGENE	2-Dec
LEGGO ,DAVID	5-Dec
MACLEAN, PATRICIA	13-Dec
NIXON, KENNETH B	3-Dec
TER KUILE, MIKE	6-Dec
FISICO, ADRIANO	4-Dec
TER KUILE, G JOHN	19-Dec
WILSON, CHARLIE-MAE	5-Dec



Happy Birthday to you
Happy Birthday to you
Happy Birthday Dear Member
Happy Birthday to you



Report from the BGM

I would like to thank the BGM committee for all their hard work to make the BGM such a great success. I think everyone will be talking about this for some time.

Friday night: Opening Ceremony with the Aboriginal Dancers was a wonderful way to open the weekend. Although a little late, they were amazing and everyone seemed to enjoy them. They led the flag party in and sang a flag song. The elder said a prayer which really set the tone for the weekend. There were 3 dancers and 3 drummers/singers which really captivated everyone. Steve welcomed everyone and we were off.

Then came the unique awards, which is always a fun time. Each Region gives a unique award. BC the Big Foot, Alberta the Side Hill Gouger, and bar, Ontario the Guardian of the Canadian Shield, Atlantic the order of the Lobster and Quebec is the Order of the Toque. Keith and I were presented the Order of the Toque and what a great surprise it was.

Bev white hatted Dean Black and Gen deChamps and what fun that was....well done Bev. A delicious buffet of appetizers then followed with a lot of camaraderie and trips to the bar.

Saturday Was very busy with breakfast in the morning followed by the BGM meeting, a break for a lovely hot chicken lunch. All three luncheon door prizes of two really nice watches and a jacket, were won by none other than three of our Wing members.....Bob Clarke, Bob Wade, and Grant Whitson..... I pulled two of the three tickets....so a little awkward!!! Then back for the afternoon for the completion of the meeting with guest speaker M Gen Seymour from Ottawa.

The Banquet that night was lovely, with the KOCR Jazz band playing through out the banquet. Michael Roy, our AB Group President was MC for the evening and did a great job. The guest speaker was Malcolm Kelly, a renowned journalist and historian and what an interesting speaker.

The Silent Auction started off a little slow, but thanks to Michael and Bob Wade interest started to peak. At the end of the day, the auction netted over \$1,700.00. Thanks to everyone who donated items for the auction, with special thanks to the 4 Alberta Wings who also donated terrific items. Thank you Bob and Sue for all your hard work to put the auction together

Sunday Saw a beautiful day to have our delegates and Wing members meet at the Military Museums and bus down to the Bomber Command Museum of Canada in Nanton. Kenn presided over a march past and a very moving Memorial Service in front of their cenotaph. Then everyone went into the Museum for guided tours, luncheon and most importantly the run up of the Lancaster engines. Our very own Adriano Fisico was fortunate enough to sit in one of the seats as the engines were fired up. A presentation of a beautiful framed picture of the F18 plane with its new paint job was presented by Keith and I as a thank you to the Bomber Command for all their efforts to make our BGM such a success. The new paint design of the plane was created by Terry Chester's son, and is absolutely beautiful

Then everyone got back on the yellow school bus and went back up to the Air Force Cold War Exhibit for Wine Under the Wings, and buffet hosted and sponsored by the Air Force Museum of Alberta with Don Matthews and Ed McGillvary as hosts. The AF Museum volunteers then gave guided tours of the Cold War Exhibits which was extremely interesting to our guests. Kenn and I enjoyed catering the buffet with Kenn's famous pulled beef on a bun, along with salads, desserts and a cake that read Safe trip home, Rcafa...long story.... Keith and I presented the Air Force Museum with another framed picture of the F18 with its new colours as a thank you to the Air Force Museum of Alberta for hosting and sponsoring the event. I would like to especially thank Bob Clarke, Bev Spielman, Brian and Anna Lewis for all their help in making Wine Under the Wings such a great success.

And of course to Kenn for all his help throughout this wild venture and putting up with all my craziness for the past 1 1/2 years. I could not have done this with out **you**,



First one Keith and I presenting Dana our contact from Bomber Command in Nanton, with our Wing Coin,

The second picture Keith presenting Dan Fox, director of Nanton Bomber Command with our Wing coin.



The third one is Steve presenting Dan Fox with a Cheque on behalf of National Office for all their help making the BGM such a success and opening their Museum to our guests for the afternoon.



Presenting Bomber Command with a framed picture of the newly painted F18 as a thank you for all their help etc etc.



Second and third picture is the Memorial Service at Nanton.



Keith and I presenting our Wing coin.



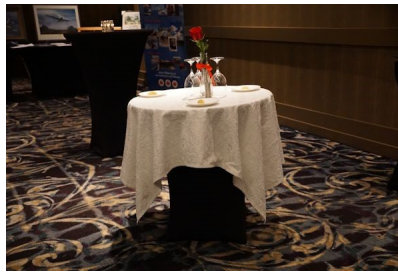
Grant won a lovely watch as a door prize



Bob won a cool RCAF Jacket.



Dean Black and Gen deschamp
being white hatted.



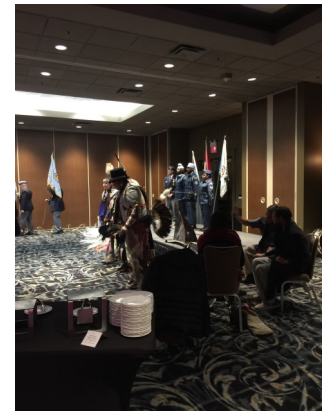
Missing Man Ceremony Table



Wing Flags



Aboriginal dancers at the opening
ceremony Friday night.



Aboriginal dancers/. singers/. and drummers. The second picture singing the flag
song with the cadets in the background. The last one Steve presenting the elder
with the traditional tin of tobacco.



Silent Auction





Photos from the BGM

Banquet, Flags

Nanton, Lancaster Bomber

Memorial Ceremony



John Chalmers is historian for Canada's Aviation Hall of Fame and membership secretary for the Canadian Aviation Historical Society

"We have the only Lancaster in the world equipped with a bouncing bomb!" said Dan Fox, vice-president of the Nanton Lancaster Society, which operates the Bomber Command Museum of Canada, at Nanton, Alberta.

Mr. Fox was referring to the museum's replica bouncing bomb, or "Upkeep" as the original was called—the type carried by Lancaster bombers of RAF 617 Squadron in the famous Dambusters raids of May 1943. The special bombs were spun backwards before being dropped at very low level. They then bounced across the water and sank against the wall of the dams that were attacked in Germany's Ruhr Valley on May 16-17, 1943. Once they had settled to a specific depth, they exploded against the dam walls.

Designed by museum volunteer and board member, Ben Schwartz, the bomb was built by Tecumseh Industries Ltd. in the nearby town of High River, Alberta. Weighing 960 pounds (435 kilograms), the bomb was built for the museum's commemoration of the 75th anniversary of the Dambusters raid. The cost of the bomb was supported by Shere Fraser and her mother, ---Doris Fraser, the widow of Canadian bomb aimer Flight Sergeant John Fraser, who flew with 617 Squadron in the Dambusters raid. His aircraft was shot down, but Flight Sergeant Fraser was able to bail out and was captured as a prisoner of war.

On August 24-25, 2018, at the Bomber Command Museum, special events were held to honour the Canadians who flew with the Royal Air Force on the famous bombing raid. Of 133 air crew members who served in the Dambusters raid, 30 were Canadians. And of the 53 airmen killed in action in the raid, 14 were Canadians in the RCAF.

The museum's Lancaster, FM159, known as the Bazalgette Lancaster, honours Squadron Leader Ian Bazalgette of Calgary, Alberta. He was Calgary's only recipient of the Victoria Cross in the Second World War. He received the award posthumously, as he was killed in action as a pilot of a Lancaster. However, during 2018, the museum's Lancaster bears the markings of AJ-M, one of 617 Squadron's Lancasters on which Canadians flew in "Operation Chastise" to attack the river dams.

In attendance over the weekend were 40 members of 15 families of RCAF aircrew who flew with 617 Squadron. Among them were 14 members of the family of the late Air Commodore Johnny Fauquier who took a reduction in rank to group captain to carry out operations and serve as commanding officer of 617 Squadron after the Dambusters raid. Air Commodore Fauquier flew at least 93 combat missions, was awarded the Distinguished Flying Cross and three times received the Distinguished Service Order.

A highlight of special events at the museum is always a daytime and night run-up of the Lancaster's four Merlin V-12 engines. This year, just as was done 75 years ago, the mighty Lancaster had a unique bouncing bomb spinning beneath its belly. With the "Upkeep" bouncing bomb in place, the Lancaster of the Bomber Command Museum of Canada brought to mind the night bombing runs of Canadians during the Second World War.



IN HONOUR OF THE DAMBUSTERS



We Will Remember Them

Ingredients

California Lemon Pound

- 1 cup butter, softened
- 1/2 cup shortening
- 3 cups sugar
- 5 large eggs
- 1 tablespoon grated lemon zest
- 1 tablespoon lemon extract
- 3 cups all-purpose flour
- 1 teaspoon salt
- 1/2 teaspoon baking powder
- 1 cup whole milk
- **FROSTING:**
- 1/4 cup butter, softened
- 1-3/4 cups confectioners' sugar
- 2 tablespoons lemon juice
- 1 teaspoon grated lemon zest



Directions

- In a large bowl, cream the butter, shortening and sugar until light and fluffy, about 5 minutes. Add eggs, one at a time, beating well after each addition. Stir in lemon zest and extract. Combine the flour, salt and baking powder; gradually add to creamed mixture alternately with milk. Beat just until combined.
- Pour into a greased 10-in. fluted tube pan. Bake at 350° for 70 minutes or until a toothpick inserted in the center comes out clean. Cool for 10 minutes before removing from pan to a wire rack to cool completely.

In a small bowl, combine the frosting ingredients; beat until smooth. Spread over top of cake.

1/2 lb (225 g) Linguine

2 tbsp (30 mL) Butter

1 Small red onion, thinly sliced

1 Clove garlic, minced

1/2 cup (125 mL) Sundried tomatoes, chopped

4 cups (1 L) Spinach

1 Pkg (400g) Maple Leaf® Prime® Fully Cooked and Sliced Chicken Breast Strips

1/2 cup (125 mL) Chicken stock

3/4 cup (175 mL) Cream

Salt and pepper

3/4 cup (175 mL) Grated Parmesan cheese

Sun Dried Tomato Chicken Florentine

Rich, creamy, buttery sauce with sundried tomatoes, spinach and chicken, served over linguine pasta.



BRING a large pot of salted water to a boil Cook pasta according to package directions until al dente. Drain and set aside.

HEAT butter in a large skillet over medium. Add onions and sauté for 2-3 minutes. Add garlic and sundried tomatoes and cook for another 2-3 minutes. Mix in spinach and cook until wilted. Add cream and stock; stir to incorporate. Toss in chicken and cook for 2-3 minutes. Season to taste with salt and pepper. Pour over pasta, sprinkle with Parmesan cheese, toss and serve. - See more at: <http://appehtite.ca/recipe/sun-dried-tomato-chicken-florentine-pasta/3467#sthash.jteaDKW7.dpuf>

“ONE IS NEVER TOO OLD TO LEARN SOMETHING NEW!”

Manure: In the 16th and 17th centuries, everything for export had to be transported by ship. It was also before the invention of commercial fertilizers, so large shipments of manure were quite common.

It was shipped dry, because in dry form it weighed a lot less than when wet, but once water (at sea) hit it, not only did it become heavier, but the process of fermentation began again, of which a by-product is methane gas. As the stuff was stored below decks in bundles you can see what could (and did) happen. Methane began to build up below decks and the first time someone came below at night with a lantern, BOOOOM!

Several ships were destroyed in this manner before it was determined just what was happening.

After that, the bundles of manure were always stamped with the instruction "Stow high in transit" on them, which meant for the sailors to stow it high enough off the lower decks so that any water that came into the hold would not touch this 'volatile' cargo and start the production of methane.

Thus evolved the term ' S.H.I.T ', (Stow High In Transit).....

"So it's really not a swear word"

which has come down through the centuries and is in use to this very day.

You probably did not know the true history of this word.

Neither did I.

I had always thought it was a word to use when I accidentally dropped something



Marion Mascaro is still collecting used stamps and would appreciate any you wish to donate bring them to the meeting.

Save all your pop can tabs for **Helen Hill**, they go towards the purchase of handicap wheel chairs for children.

If you know of anyone who is ill in the hospital or confined at home. Please let Edith McMinn Health and Wellness Chair know, so she can send a card on the Wings behalf.

November 11 Remembrance Day

November 16 Christmas Party

November 24 Rosebud Theater

Wishing You All a Merry Christmas

Your Editors Bev Spielman and Sue Clarke

Next Wing

Meeting—November 26th

Members are encouraged to send us "stuff", pictures, jokes, recipes and comments (nice ones only) and we will do our best to make sure these are included.