ROYAL CANADIAN AIR FORCE ASSOCIATION



783 (CALGARY) WING APR/MAY NEWSLETTER

Wing Meets every fourth Monday at 285 Legion – Horton Road 7PM



MEET THE TEAM

MM. PAST PRESIDENT Bob Clarke IRST VICE PRESIDENT Keith Mann ECOND VICE PRESIDENT Adriano Fisico (Interim) REASURER Kenn Nixon ECRETARY Charlene Mclean AST PRESIDENT CHAIR Bev Spielman ASINO CHAIRMAN Lorie Gordon PECIAL PROJECTS Pat Sulek MEMBERSHIP Anna Lewis IEWSLETTER Bev Spielman IEALTH AND WELLNESS Edith McMinn ERGEANT AT ARMS Art Hill OCIAL COORDINATOR Muriel Mymko/Lois Maxwell UBLIC Bob Wade/Adriano Fisico	RESIDENT	Pat Sulek		
IRST VICE PRESIDENTKeith MannECOND VICE PRESIDENTAdriano Fisico (Interim)REASURERKenn NixonECRETARYCharlene McleanAST PRESIDENT CHAIRBev SpielmanCASINO CHAIRMANLorie GordonPECIAL PROJECTSPat SulekMEMBERSHIPAnna LewisIEALTH AND WELLNESSEdith McMinnERGEANT AT ARMSArt HillOCIAL COORDINATORMuriel Mymko/Lois MaxwellPUBLICBob Wade/Adriano Fisico	IONOURARY PRESIDENT	Col. (Ret.d) Don Matthews		
SECOND VICE PRESIDENTAdriano Fisico (Interim)TREASURERKenn NixonSECRETARYCharlene McleanPAST PRESIDENT CHAIRBev SpielmanCASINO CHAIRMANLorie GordonSPECIAL PROJECTSPat SulekMEMBERSHIPAnna LewisNEWSLETTERBev SpielmanHEALTH AND WELLNESSEdith McMinnSERGEANT AT ARMSArt HillSOCIAL COORDINATORMuriel Mymko/Lois MaxwellPUBLICBob Wade/Adriano Fisico	MM. PAST PRESIDENT	Bob Clarke		
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SOCIAL COORDINATORMuriel Mymko/Lois MaxwellPUBLICBob Wade/Adriano Fisico	IEALTH AND WELLNESS	Edith McMinn		
PUBLIC Bob Wade/Adriano Fisico	ERGEANT AT ARMS	Art Hill		
	OCIAL COORDINATOR	Muriel Mymko/Lois Maxwell		
285 LEGION LIASON Kenn Nixon	PUBLIC	Bob Wade/Adriano Fisico		
	85 LEGION LIASON	Kenn Nixon		
MILITARY MUSEUM LIASON Mike Ricketts	MILITARY MUSEUM LIASON	Mike Ricketts		
COMMUNICATION DIRECTOR Sue Clarke	COMMUNICATION DIRECTOR	Sue Clarke		



PRESIDENT'S CORNER



Here it is Spring already and it is so nice to see some green colour in our grass and trees starting to wake up.

Since our previous newsletter many of our members have been busy assisting with the Air Cadet Effective Speaking Competition both at the Wing level and at the Provincial Level. I would like to congratulate Cadet Bavya Pate from Edmonton who took home first place and the Jack Bennett Trophy. We wish him the best of luck at the National Effective Speaking Competition.

At our April meeting I was very proud to unveil our Wing coin and present the first coin to our National President Mr. Steve Mac Donnell. Since providing the coin to our Wing members I have had the privilege to present our newly minted coin last week at the Alberta Group AGM in Cold Lake to the Mayor of Cold Lake, Mr. Copeland, the 4 Wing Acting Wing Commander Lt Col Hickey and Wing Chief, Warrant Officer Roy, the Legion President Mr. Roke and CO of Cold Lake 664 RCACS along with the three Wing President's in attendance.

The Group AGM was a great success and a lot of time and effort by the Cold Lake Wing was clearly present. Since Steve MacDonnell has moved up to National President, that left our Group President position vacant. There was a vote held to only have one Vice President rather than split it into VP North and VP South which was carried unanimously. After elections were held I am please to announce the new slate of officers for Alberta Group are: President Mike Roy, Vice President Pat Sulek, Secretary Bev Spielman, Treasurer Kenn Nixon, with Bob Clarke as IPP, and Honorary President Bob Wade and Historian Grant Whitson. This is an exciting team and I am looking forward to working with such a dedicated group of people.

Our Wing AGM will be held June 26 and Bob Clarke has been very busy getting a full slate of officers. I would encourage as many of our Wing members to attend as possible, as our Wing has received many Group Awards that will be presented at our June meeting. So please come for coffee and cake, chat with fellow members and see who all received these prestigious awards. The June meeting will only be dealing with the AGM as to keep the meeting time to a reasonable left.

Looking forward to seeing you all

Respectfully submitted

Pat Sulek

NATIONAL PRESIDENTS MESSAGE



Steve MacDonnell

Hello everyone. I am pleased to say that we had a very successful meeting in Cold Lake this past weekend. Congratulations to the new Group President Mike Roy and Vice President. Pat Sulek. Also to incumbents Bev Spielman and Kenn Nixon.and the rest of the executive.

At the National level we are progressing very well. Regular meetings are held so that we are communicating, solving problems, sharing information, ideas making for a more effective group.

I am very encouraged that 783 Wing has stepped up to the plate in offering to host the 2018 Annual General Meeting. I know that you will do a most impressive job.

Thank you.



DID YOU KNOW?



'This is wizard!' 100-year-old woman who flew spitfires during the Second World War celebrates her centenary by getting behind the controls again

2 Mary Ellis was in a select gang of female pilots who flew during World War II

2 She has now celebrated her 100th birthday by flying a plane over West Sussex

2 Mrs Ellis flew next to one of the Spitfires she was in more than 70 years ago

By Sarah Oliver For The Mail On Sunday

PUBLISHED: 09:03 +11:00, 5 February 2017 | **UPDATED:** 10:00 +11:00, 5 February 2017

Mary Ellis (pictured during her time as an Air Transport Auxiliary pilot in WW2) has celebrated

her 100th birthday Tearing through the skies above the South Coast,

two Spitfires evoke powerful memories of Britain's wartime resilience. But this stirring image holds a further poignancy – for in the cockpit of the lead aircraft sits Mary Ellis, celebrating her 100th birthday by recreating her time as one of the 'Ata-girls', the select gang of female pilots who flew Britain's fighters during the war.

And over her shoulder is one of the actual Spitfires she flew during her 1,000 flights as a First Officer

with the Air Transport Auxiliary. 'Wizard, this is wizard!' yelled the delighted centenarian through her intercom.

Mary was handed the controls of the 275mph twinseater as it swooped over West Sussex. After about 15 minutes, she turned for home, and told her co-pilot Matt Jones: 'Goodwood on the nose, you have control...'. Then she settled back to enjoy the ride back to base.

Earlier, Mary watched in delight as Spitfire MV154 took its place beside her in an extraordinary

airborne tribute. It was a plane she had delivered to RAF Brize Norton from Southampton on

September 15, 1944, and it hides a sentimental secret. For at the end of the 25-minute wartime

flight, she signed the cockpit, scrawling her maiden name Wilkins and the initials ATA.









August 25 1933 – March 24 2017

It is with great sadness that the family of Grace Helen Third (née Kasper) announce her passing on. Grace was a loving wife, mother, grandmother and friend to many. Grace was born in Edmonton in 1933 and attended Highlands School and Eastwood High School. She subsequently attended the University of Alberta and graduated with a Bachelor of Arts in Political Science. Grace and James Third were married on June 29, 1955 in Zweibrucken Germany where Jim was serving as an RCAF supply officer. Grace subsequently lived in Metz France, Baden Baden Germany, and Cagliari Sardinia where her first child Jean was born. Grace returned to Canada with her family in June, 1958 and moved to Ottawa where her sons, Jim and Tom were born.Grace is survived by her husband Jim, daughter Jean (Bill) of New York City, son Jim of Vancouver and son Tom (Christy) of Toronto; grandchildren Sarah (Keffan) of Vancouver, Laura in Toronto, and Madeline of New York City; also nieces Lorraine (Harold) of Burnaby B.C. Marian (Murray) of Beaumont AB. and nephew Rob (Alexa) of Sandy Utah; cousins Stella, Carl, and Joe of Edmonton AB. and especially Sandra and Harry of Calgary. She cherished her special friends Rose and Bert Lapointe of Lethbridge. Grace was predeceased by her parents Rose and Peter Kasper of Edmonton.

With respect to Grace's wishes, no service will be held at this time but a celebration of her life is planned for early summer.



September 3, 1918 – April 25, 2017

Eleanor Ann Berlin passed away peacefully on April 25, 2017 at the age of 98 years. Eleanor was born in Calgary on September 3, 1918. She married Byron L. Berlin in 1943. They travelled extensively in Canada and the U.S.A. Her main enjoyment in life was their cabin at Lac des Arc where they enjoyed 35 years of dinners and BBQ's with family and friends. She enjoyed playing bridge, was very active in the 783 (Calgary) Wing Royal Canadian Air Force Association, the Optimist Club of Calgary, and especially enjoyed working with young people. She was predeceased by her husband Barnie in 1996. She leaves to mourn a son Barrie (Cheryl) Berlin; daughter Peggy (Bill) Gordon; granddaughters Shelley (Mike) Mosher, Jennifer Berlin, Jessica (Shane) Bisziel, and Kirsten (Colin) Pratt; great- grandchildren Nevyn, Ayla, Kyle, Benjamin, Erica, Griffin, and Kevin; and cousins Donna (Al) Russell and Pat (Charlie) Smith. At Eleanor's request there will be no service. In lieu of flowers, the family would appreciate donations being made in Eleanor's memory directly to the Optimist International Foundation of Canada, (5205 Metropolitan Blvd. East, Suite 200, Montreal, QC H1R 1Z7) or to a charity of your choice.



Keith Peden, Nicola Peden, Bob Clarke, Kenn Nixon



Kevin Robinson, Sgt.Bavya Patel, Pat Sulek

Provincial Effective Speaking Contest



Sgt. Bavya Patel—810 Grant McConachie Edmonton 1st Sgt. Paden Knull—88 Lynx Airdrie – 2nd Sgt. Caitlin Acker—755 Squadron Edmonton—3rd



Participating Cadets



Keith and I presenting our Wing coin to the Acting Wing Commander Lt Col Hickey and Wing Chief Warrant Officer Alain

ALBERTA GROUP AGM, COLD LAKE



P. Sulek accepting the Peter Allan award of behalf of our wing.



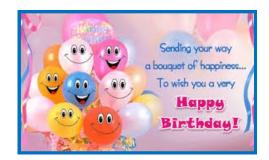
A picture of the new Alberta Group Executive



Our "group" supporting Cold Lake Wing by purchasing a mountain of pull tabs....and winning \$250.00.

<u>Members are encouraged to send us "stuff", pictures, jokes, recipes and comments (nice</u> <u>ones only) and we will do our best to make sure these are included.</u>





RON	SPIELMAN			4-Mar
BRYNDIS	WHITSON			6-Mar
KEITH	MANN			8-Mar
SYLVIA	PULTZ			8-Mar
MURIEL	МҮМКО			10-Mar
SCOTT	DEEDERLY			10-Mar
KENT	ANDERSON			13-Mar
ALLAN	COLLINS	ROBERT		27-Mar
JAMES	BRISTOWE	MALCOLM		5-Apr
BRIAN	LEWIS	JOHN		7-Apr
DOUGLAS	MORISON			11-Apr
GERALD	MORRISON	E		11-Apr
HELEN	HILL			12-Apr
(NICK)	KROEKER	К		13-Apr
RANDY	FISHER			17-Apr
VICTOR	KELLER	V		19-Apr
DAVID	DOWNS			23-Apr
BUNNY	HALL			2-May
ARTHUR	QUINN	A		2-May
FAYE	MORGAN			20-May
RONALD	GUIDINGER	WAYNE		23-May
HAROLD	BRANTON	F		25-May
CARNEY	HENDERSON			28-May
BRUCE	MILLAR	Р	R	28-May
GLENYS	GOOSSENS	М		31-May





For those of you who attended our September Motown Event, we heard you! Back for another GREAT evening, Gary Martin! Get your tickets now. Our last Special Event was SOLD OUT!



Back by Popular Demand ...

Gary Martin and His Amazing Band



Groove to the tunes of Motown – Saturday May 13th 7:30-11:30PM – 9202 Horton Road S.W.

Tickets available May 1 -\$20.00 Members \$25 Non-Members

Kit Bright

RCL 285 Centennial Branch Entertainment/Special Events Coordinator Phone 403-255-5772 Facebook Page—Royal Canadian Legion Branch 285 Horton Road

285 Legion—Horton Road

Remember the Friday Night Buffet—Good Food, Good fun Good price—\$14.95



1 pkg. (120 g) *Stove Top* Stuffing Mix for Chicken 1 cup water

4 small boneless skinless chicken breasts (1 lb./500 g)

3 cups frozen chopped broccoli, thawed, drained

1 can (10 fl oz/284 mL) 50% less fat condensed cream of chicken soup

1/2 cup skim milk

1 tsp. paprika

2 Tbsp. Kraft 100% Parmesan Light Grated Cheese

Preheat oven to 400°F. Combine stuffing mix and water in large bowl. Let stand 5 min. Meanwhile, pound chicken to 1/4-inch thickness using meat mallet. Add broccoli to stuffing; mix lightly. Spread evenly onto chicken breasts to within 1/2 inch of outer edges. Roll up each chicken breast from one of the short ends, enclosing the stuffing mixture.

Place chicken, seam-sides down, in 13x9-inch baking dish. Mix soup and milk; pour over chicken. Sprinkle with paprika and Parmesan cheese. Bake 30 min. or until chicken is cooked through (170°F).

DELICIOUS

2/3 cup (150 mL) coarsely chopped blanched almonds 5 tbsp (75 mL) butter

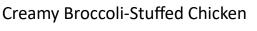
5 cups (1.25 L) Cheerios* Original Cereal, finely crushed

5 cups (1.25 L) vanilla ice cream, softened

5 cups (1.25 L) orange sherbet, softened 1 cup (250 mL) whipping cream, whipped

Orange peel curls, if desired

Creamy Frozen Orange Squares







• In medium skillet, toast almonds over medium heat 2 minutes, stirring occasionally, until light golden brown. Immediately remove from heat; reserve 2 tablespoons for topping.

•

• Add butter to remaining almonds in skillet; stir until butter is melted. Add crushed cereal; mix well. Press mixture in bottom of ungreased 13x9-inch pan. Cool completely, about 10 minutes

•

• In large bowl, stir ice cream and sherbet until partially blended. Spoon over cooled crust; smooth top. Cover; freeze until firm, at least 4 hours.

•

• To serve, cut dessert into squares; place on individual dessert plates. Garnish each with whipped cream, reserved toasted almonds and orange curl.

Fast Forward: Make this dessert and freeze it up to four days ahead of time. Transfer it to the refrigerator and let it soften 20 minutes before cutting and serving.

Spring updates and odds and ends from your Wing!

May will be the last regular meeting

June 26 will be the Wing's Annual General Meeting. Elections will be held at this time. Please make sure you attend to help elect your executive for the coming year,

May 31, June 1st -Wing Casino –Contact Lori Gordon for further info.





Marion Mascaro is still collecting used stamps and would appreciate any you wish to donate bring them to the meeting.

Save all your pop can tabs for **Helen Hill**, they go towards the purchase of handicap wheel chairs for children.

If you know of anyone who is ill in the hospital or confined at home. Please let Edith McMinn Health and Wellness Chair know, so she can send a card on the Wings behalf.











A LITTLE BIT OF HUMOUR



COMPLETELY FINISHED

No English dictionary has been able to adequately explain the difference between these two words. In a recent linguistic competition held in London and attended by, supposedly, the best in the world, Samdar Balgobin, a Guyanese man, was the clear winner with a standing ovation which lasted over 5 minutes.

The final question was: How do you explain the difference between COMPLETE and FINISHED in a way that is easy to understand? Some people say there is no difference between COMPLETE and FINISHED.

Here is his astute answer:

"When you marry the right woman, you are COMPLETE. When you marry the wrong woman, you are FINISHED and when the right one catches you with the wrong one, you are COMPLETELY FINISHED!!!"

He won a trip around the world and a case of 25 year old Scotch!



