

ROYAL CANADIAN AIR FORCE ASSOCIATION



783 (CALGARY) WING May/June 2016 NEWSLETTER

Wing Meets every fourth Monday at 285 Legion – Horton Road 7PM



OUR TEAM

PRESIDENT	Pat Sulek
HONOURARY PRESIDENT	Col. (Ret'd) Don Matthews
IMM PAST PRESIDENT	Dave Watson
FIRST VICE PRESIDENT	Keith Mann
SECOND VICE PRESIDENT	Vacant
TREASURER	Kenn Nixon
SECRETARY	Joanna Howard
PAST PRESIDENTS CHAIR	Bev Spielman
CASINO MANAGER	Peggy McAllister
SPECIAL PROJECTS	Pat Sulek
MEMBERSHIP	Anna Lewis
NEWSLETTER	Bev Spielman
SICK & WELLNESS	Edith McMinn
SERGEANT AT ARMS	Art Hill
DIRECTOR AT LARGE	Muriel Mymko
AIR CADET LIAISON	Doug Eaglesham
285 LEGION LIAISON	Kenn Nixon
PUBLICITY	Bob Wade



Here we are with our next Newsletter, lots of things that have been going on at 783's Wing in the last couple of months

Enjoy and maybe reminisce. Bev



PRESIDENT'S CORNER



Welcome to Spring (finally)

Well now that the sun is shining we can turn our thoughts to Springtime.

We are rounding the corner and heading for home as June will soon be approaching and the end of our Wing season with the Wing AGM at the end of June.

If you have not already done so, please let Dave Watson or Bob Clarke know if you are letting your name stand or wish to run for a position as Director or Executive. The deadline for this is at our Wing meeting May 30. I encourage new members to come and join us next year on the Executive/Director. Most of the Executive/Directors are letting their names stand, but the position of Secretary and 2nd Vice President is open along with several Director positions. This is a great opportunity for newer members to get acquainted with the policies and procedures to be able to move into Executive positions easily in the future.

Air Cadet Squadrons are now looking towards their ACRs in June, and I would encourage our members to attend these great events. We shall, as in the past, be presenting the six city squadrons with a cheque at their ACR. Air Cadets do enjoy a visit from our Wing members. Tentative times and dates for each ACR will be forthcoming at the Wing meeting April 25, as well as an email to all members will be sent out as soon as I received confirmation of dates.

I had the pleasure of attending the Freedom of the City Parade celebrating the 75th Anniversary of the Royal Canadian Air Cadets April 9. And what a parade! Over 300 cadets, officers and band taking up a whole city block in front of City Hall. Many city dignitaries were also in attendance and the Mayor gave a lovely speech. Then the cadets paraded down Stephen's Ave to Mewata, and what a sight. I am sure many people visiting Stephens Ave were pleasantly surprised to see all these wonderful young people so smartly turned out parading down the street with the band playing away.

Looking forward to seeing you all at our Wing AGM June 27. Come early and enjoy coffee, cake and conversation with fellow members.

Respectfully submitted

Pat Sulek





GROUP PRESIDENT'S MESSAGE

783 WING NEWSLETTER

Steve MacDonnell

Greetings everyone. Alberta Group President concluded the Annual General Meeting in Lethbridge last weekend. 703 Wing did an excellent job in hosting this event. All incumbents of the executive were returned to their individual positions for the next term. The Alberta Group Executive is now comprised of President Steve MacDonnell, V.P. North Bob Roe, V.P. South Walter denHoed, Treasurer Ken Nixon, Secretary Bev Spielman, Immediate Past President Bob Clarke and Honorary President Bob Wade.

Several awards were presented and these will be announced in the next Newsletter.



ACO's report – Cpt. Doug Eaglesham

The ACO's Air have a new squadron tracking form that follows each squadron, their activities, and all pertinent information. It highlights all the monthly (MRO's) routine orders, contact information, training syllabus and cadet strengths. There is still a little concern about low numbers in some squadrons and difficulties with training space and time being disrupted. Hopefully these issues can be overcome in the future as this program is of the utmost importance to the youth of this province. I know the sponsoring committees are working hard to ensure their cadets have the best facilities available. Most squadrons are now getting ready for their ACR's and a list of the reviews has been issued to the proper people. Thank you to all the officers, volunteers and others who put such a great effort into helping form these citizens of the future.

Effective Speaking Contest

Twelve cadets from four Alberta Wings gathered at the Salvation Army, Red Deer for the Provincial Effective Speaking Competition on Saturday, 2 April. What a great competition it was. To paraphrase the words of our Chief Judge, Bob Clarke, "This was the best Alberta competition in all the years he has been judging". In third place was LAC Isaac Gund of 187 Foothills Sqn, second place WO 2 Andrew Ho of 810 Sqn Edmonton and the gold, first place winner was WO 2 B Christakos of 11 Sqn Lethbridge. Warrant Officer Christakos will now travel to Richmond, BC in June she will compete in the National Effective Speaking Competition. Winners from each of the 10 provinces and the territories will 'speak off' for the coveted title, National Effective Speaking Champion. Six of our Members were there to help with their expertise (Pat Sulek, Keith Mann, Brian & Anna Lewis. Joanna Howard and Bob Clarke. Pat Sulek our President was happy to present the Checks to the Winner, 2nd and 3rd. She also presented the Jack Bennett Trophy to the talented winner.



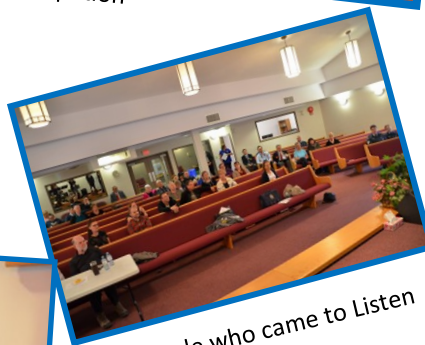
Keith Mann/MC



Cadets with Participation Diplomas



Volunteers are wonderful



People who came to Listen



The Winners



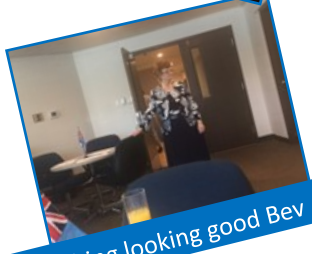
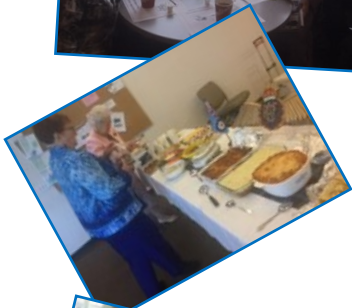
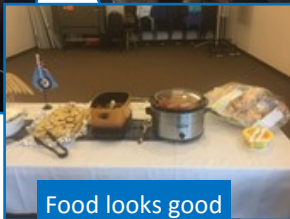
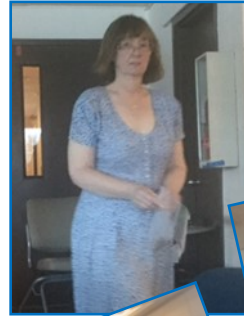
Keith Mann, Pat Sulek, Christakos and Tom Sand



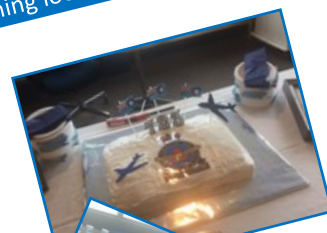
Good Job Judges and Tom Sands Provincial Vice President

Charter Tea

783 Wing



CHARTER TEA- Well we tried a new format for this year and it was well received. Over 30 members showed off their culinary skills with a pot luck and there was such a variety it was difficult not to overfill your plate. Grant Whitson gave a very informative talk on the cold War Exhibit and afterwards Bob Scherle (Bob the Accordionist) played some lovely old time music. Everyone got to play the card game of choice and I didn't hear of anyone cheating so good stuff. Thanks to Sue, Bob, Kendall and Karen for keeping things going and to Karen, thanks for the beautiful anniversary cake. This has given us a few ideas for more events in the future. Thanks to all who came out to make it a success.



UP AND COMING


NEWS FLASH

May 23rd meeting has now been changed to....

May 30th

Members are encouraged to send us "stuff", pictures, jokes, recipes and comments (nice ones only) and we will do our best to make sure these are included.

Let us know how we are doing. We will publish them next edition



EDITH	CARLIN			1-May
BUNNY	HALL			2-May
ARTHUR	QUINN	A		2-May
FAYE	MORGAN			20-May
RONALD	GUIDINGER	WAYNE		23-May
HAROLD	BRANTON	F		25-May
DAVID	WATSON	G		26-May
CARNEY	HENDERSON			28-May
BRUCE	MILLAR	P	R	28-May
GLENYS	GOOSSENS	M		31-May
WILLIAM	COOK			8-Jun
BARBARA	CLIFFORD			8-Jun
RONALD	HOWARD			11-Jun
PATRICIA	SULEK			19-Jun
ERNEST	ANASTASIOU			20-Jun
DOUGLAS	CASTON	M		23-Jun
ROBERT	VANDERLEE	JOHN		23-Jun
PHILIP	RICARD			26-Jun
GRIFFIN	LLOYD	V		28-Jun
BEVERLEY	SPIELMAN			29-Jun



Happy Birthday

And Best Wishes



SHOWCASE-OUR MEMBERS



We gave out a form and asked you to fill it out so we could get to know our members better. Here are a couple we chose to share with you. We will showcase two every Newsletter



Barb Mann

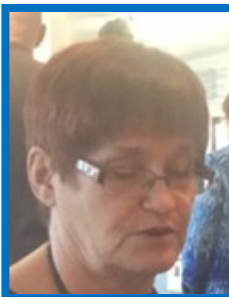
Been a member for 10 years

Her Family consists of her dog "Tim Bits who" is very active and loves to go on long walks, I happen to know she has two sons who are married to lovely ladies, four wonderful grandkids who are the apple of her eye. A great husband Keith.

Barbs interests are – Swimming, quilting and giving Keith a bad time.

What do you like – The Casino, wine, cheese fondue and retail therapy "STAR TREK".

What don't you like – Tattoos, going for long walks with "Tim Bits", being told the Visa is full.



Arthur Hill

Been a member for 52 years

His family consists of his wife Helen for 57 years. One daughter and two sons and a granddaughter.

Arts interests are – Stamp collecting, trains, coins and helping people out when asked.

What do you like – Big Band Music, Theatre and working on automobiles.

What don't you like – People who request a handout. Being late for appointments.





Beef Goulash

Ingredients

- ½ cup canola oil
- 1 ½ pounds white onions, halved through core, thinly sliced crosswise (about 8 cups)
- 2 garlic cloves, sliced
- 1 tablespoon dried marjoram
- 1 ½ tablespoons tomato paste
- 3 tablespoons Hungarian sweet paprika
- 1 ½ teaspoons Hungarian hot paprika
- 1 cup white wine vinegar
- 6 cups low-salt chicken broth
- 2 bay leaves
- 2 teaspoons finely grated lemon peel
- 3 ½ pounds beef shank meat (from about 4 1/2 pounds beef shanks) or boneless beef short ribs, cut into ¾ -inch cubes

Directions

Heat oil over medium heat in large pot. Add onions and cook for 25 minutes or until golden brown and soft, stirring often. Add garlic and marjoram and cook for 3 minutes or until the garlic softens. Add tomato paste and cook for 3 more minutes or until the mixture is dark red, stirring often. Add the paprikas. Stir to mix well. Remove from heat. Let stand for about a minute allowing the flavors to blend. Return to heat and add vinegar. Continue to cook for about 2 minutes or until all the liquid is absorbed, stirring continuously. Add broth, bay leaves, and lemon peel and bring the mixture to boil. Coat beef with salt and pepper and add to pot. Simmer over medium-low heat for 2 ½ hours or until beef is tender, stirring occasionally. Remove the beef to bowl, leaving onions in pot. Continue to boil the sauce for 15 minutes or until it is reduced to 5 cups. Cool slightly. Puree the sauce in a blender and return to the pot. Season with salt and pepper. Return beef to pot. Simmer until heated through for about 5 minutes. Preparing ahead: Can be made 2 days ahead. Cool slightly. Chill uncovered until cool, then cover and chill. Re-warm before serving



ICE CREAM SANDWICHES



INGREDIENTS

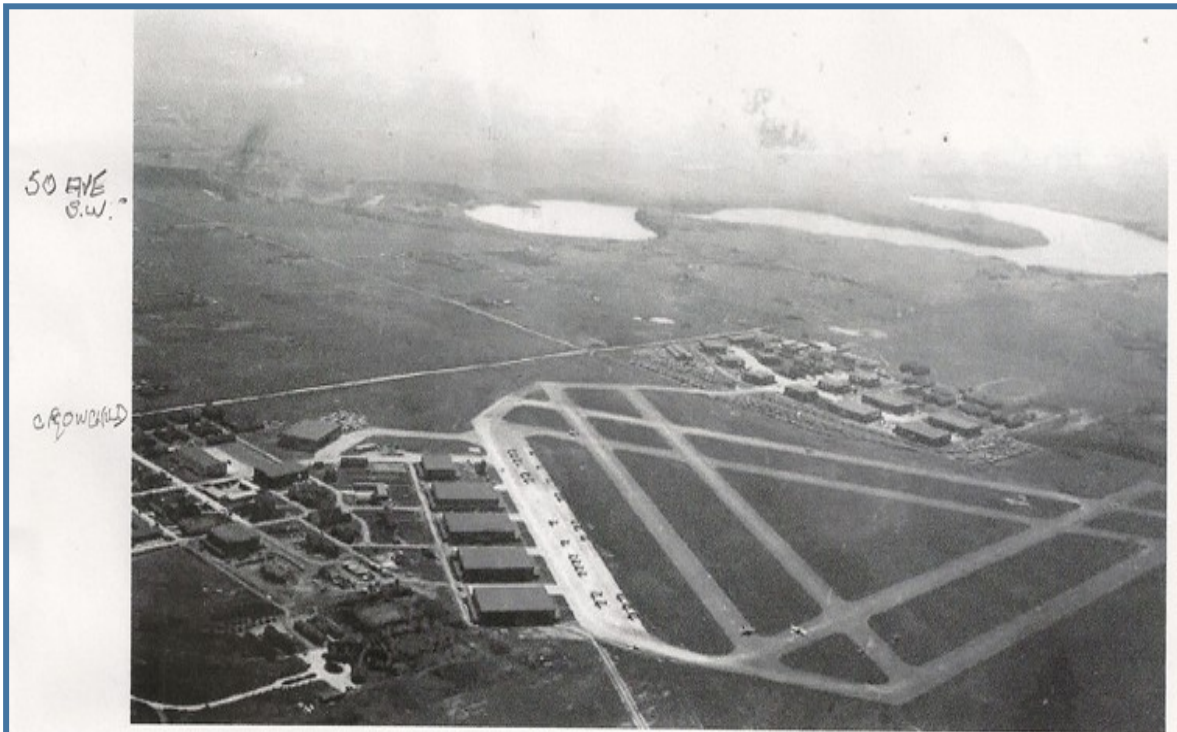
1. **1/2**pint strawberry ice cream, slightly softened
2. **16**small crisp cookies (such as Pepperidge Farms Bordeaux, gingersnaps, or shortbread)

DIRECTIONS

1. Sandwich the ice cream between the cookies. Serve immediately or freeze, covered, for up to 3 days.

This is a photo of RCAF No 10 RD which I spoke about at the last meeting. It appeared not many were aware of its location.

Submitted by Bob Lilja



Looking southeast to No. 3 Service Flying Training School (left) and No. 10 Repair Depot (right) with the runways they shared in between.

Note what is now Crowchild Trail running north-south at the edge of the two schools with what is now Fiftieth Avenue heading east from No. 10 Repair Depot.

Glenmore Reservoir may be seen in the distance.

[courtesy Richard Brown]

#10 Repair Depot

RCAF No. 10 Repair Depot opened in June of 1941, on a site to the south of No. 3 SFTS that had opened in October, 1940. No. 10 RD was responsible for the overhaul and repair of all aircraft flown at BCATP bases in No.4 Training Command -essentially all of Alberta, British Columbia, and parts of Saskatchewan. Recovery of aircraft damaged in accidents was also performed by personnel of No. 10 RD.

ROYAL AIR FORCE STATION De WINTON

[No. 31 Elementary Flying Training School]



75th ANNIVERSARY COMMEMORATION

June 15th - 1:00pm



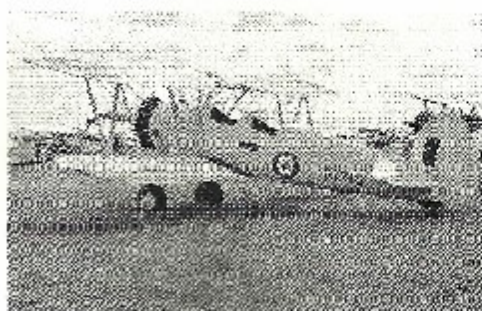
A group of interested organizations and individuals will be placing a permanent Memorial at the former site of No. 31 Elementary Flying Training School which was part of the British Commonwealth Air Training Plan. It was located ten kilometres northeast of Okotoks.

The event will include the Dedication of the roadside Memorial, the presence of Royal Air Force and Royal Canadian Air Force Personnel, vintage aircraft of the type that flew from the station, displays and artifacts related to the school, authors whose books relate to the aerodrome, and veterans who were stationed at No. 31 EFTS.

A special guest will be Sue Cowan, who is the daughter of W/C Ron Watts who was the commanding officer of the station.

For a detailed history of RAF De Winton please see:

<http://www.bombercommandmuseum.ca/bcaipdewinton.html>



ORGANIZING COMMITTEE

Okotoks and District Museum and Archives
Royal Canadian Legion (Tuner Valley Branch)
Royal Canadian Legion (Okotoks Branch)
Royal Canadian Air Force Association
Bomber Command Museum of Canada
Tim Johnston (Historian and Author)
Anne Gafiuk (Historian and Author)

SUPPORTERS

Alberta Motor Association



LAST POST In the last couple of months we
have lost a very valuable member
WE WILL REMEMBER THEM

GIBBONS Gerald (Jerry) Stewart
Sadly Jerry Gibbons passed away April 14th, 2016 at the age of 84 years, with family at his bedside. He is survived by his children, Penny Rosell of Bassano, Pat (Linda) of Calgary, Mike (Lynn) of Creston; 8 grandchildren, 11 great grandchildren; numerous nieces, nephews, and other relatives; and special people Ken (Cathie) Froese and their family. Jerry was predeceased by his wife Marlene and sisters June Anderson & Jo Ward.



Loss is life's non-negotiable side. It is the time
When we learn, unconditionally, that we are
Powerless over things we thought we had a
Grip on. But it doesn't stop there, because
Every ending brings a new beginning.
(Stephanie Ericsson)



All food is prepared under the supervision of a Red Seal Chef and they only use the finest quality of ingredients and designed for people with dietary restrictions or regular diets. If you are interested in this service you just need to call Meals on Wheels at 403-243-2834 for more information

Meals on Wheels - Christine Conley, Community Outreach Coordinator will be a guest at a future wing meeting to outline the services provided by Meals on Wheels. This service is available to ANYONE and you just have to sign up for it. There is no income requirement or cut-off for you to utilize this program. The formula is based on a sliding scale (lunch and supper) of your income. These meals are delivered right to your door for your convenience. It also is a way of keeping daily contact with members of the community.

A LITTLE BIT OF HUMOUR

Words of Wisdom.. from Vern Mckeague

*I changed my car horn to 'gunshot' sounds. People get out of the way much faster now!

You can tell a lot about a woman's mood just by her hands. If she is holding a gun, she's probably angry.

I didn't make it to the gym today. That makes five years in a row.

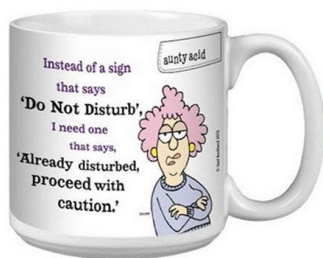
*I decided to change calling the bathroom the John and renamed it the 'Jim'. I feel so much better saying I went to the 'Jim' this morning.

When I was a child I thought Nap Time was a punishment... now, as a grownup, it just feels like a small vacation!

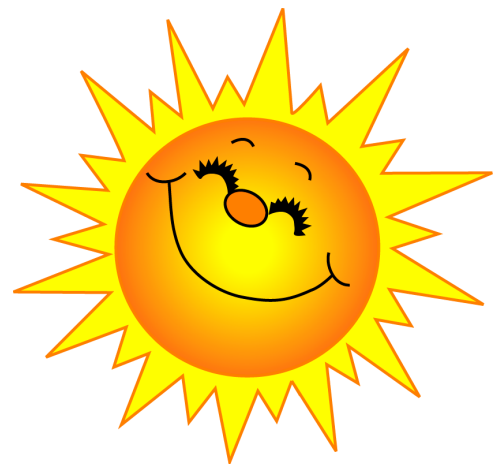
The biggest lie I tell myself is... "I don't need to write that down, I'll remember it."

If God wanted me to touch my toes, he would've put them on my knees.

Why do I have to press one for English,... when you're just gonna transfer me to someone I can't understand anyway?



Submitted by Marion Mascaro



Editors – Bev Spielman and Sue Clarke.

May /2016